

STUDENT MIDWIFE – CONTINUITY OF CARE EXPERIENCE

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Hello, and congratulations on your pregnancy. I am a midwifery student at ACU Melbourne, and I am looking to support expectant mothers throughout their antenatal and postnatal journey, with optional labour and birth support. **This is a totally free service**, and is structured to enhance your experience, and my learning! If you are **less than 35 weeks pregnant**, please read on and reach out!

WHAT IS INVOLVED?

Student midwives are required to:

- Attend **four** of your antenatal appointments
- Provide **optional** support and attendance at your labour and birth – this can be decided at any time up until birth
- Attend **two** of your postnatal appointments

A LITTLE ABOUT ME

I felt called to midwifery after having my own children – two hospital births and one home birth. All different experiences and extremely positive. I am so passionate about antenatal education and truly believe the prep work must be done while pregnant which will manifest into a positive labour, birth and postpartum experience, regardless of how or where you birth.

WHAT ARE THE BENEFITS?

- Student midwives provide **evidence based support** in between appointments as needed (text, email, phone).
- **Continuity of care** – this translates to a trusting relationship within your birth team & stronger advocacy for you.
- Invaluable **real life experience** for students

HOW TO GET STARTED?

- **Email, text or call** and we can discuss any questions or concerns before you decide whether or not to go ahead.
- A **consent form** will be sent to you to complete prior to your first appointment

IMPORTANT: You can withdraw your participation at any time if the COC experience is no longer working for you.